

Grimes Parks & Recreation Department

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www.grimesiowa.gov



Grades 3-4 Grimes Rec Basketball League Rules

1. Scorekeepers, Facility Supervisor, and Officials staffed by the Grimes Parks and Rec. Dept. will be on hand to supervise program.
2. 9-Foot Baskets and 28.5 sized Basketballs are used and located at the schools.
3. Half Court, Man-to-Man Defense Only. No zone defense is allowed.
4. Play defense with your feet- No reaching in. Can only take ball away in the lane.
5. Game consists of two 20-minute halves with a three minute halftime. Running Clock. The clock stops during the last minute of the second half only and during time-outs/injuries unless score is more than 15 point spread. No stalling.
6. No Double Teaming unless in the lane. Refs are to call this.
7. Everyone plays the same amount of time. No 3-point goals are counted.
8. Free throw line is approx. 12 feet. On the 7th team foul, shoot 1-1 free throws. On 10th team foul, shoot 2. Players can foul out at 5 fouls. Ball is checked up top on all other fouls instead of baseline.
9. Jump ball starts the game, alternate possession after.
10. Two timeouts allowed per half (approx. 30 seconds).
11. Please make sure all players and coaches shake hands after the game is over.
12. Score will be kept. If a game becomes lopsided (more than 20-point lead), the scorekeeper will stop keeping score but will continue to keep score on their own paper in case game becomes less than 20 points again.
13. Two-minute OT, 2nd OT is one-minute. Clock will stop on dead balls with one minute or less. One more timeout is given for each team.

SPORTSMANSHIP IS STRESSED AMONG PLAYERS, COACHES AND FANS.